CBA/ABATE NC of GASTON COUNTY

PO Box 22

Lowell, NC 28098

To our CBA Family & Friends



WATCH FOR MOTORCYCLES AND SAVE A LIFE!





CBA / ABATE of NC, GASTON COUNTY

May 2017 2016 NC Legislative Chapter of Year

NC Chapter of the Year: 2007, 2010, 2012 & 2013

PO Box 22, Lowell, NC 28098 / www.gastoncountycba.com

President's Message-

OUR MEETING DAY & TIME HAS BEEN CHANGED TO THE 4th SUNDAY EVERY MONTH AT 2PM. The next meeting will be on the May 28th. We will have food at the meetings.

How do we get you to come back to the general meetings? Give us some ideas—please! We have tried changing the meeting day because you said you like to go to the bike nights in the area. Well that didn't work. Now we are going to try again by changing the meeting to a Sunday afternoon. We hope when you start your ride on Sunday, you will come by the Homestead and attend our meeting. We would like to know what you would like to see or hear at the meetings. Do you want a speaker? And if you do want informative speakers—on what subjects? How about a short meeting with a lot of fellowship afterwards? The officers of this chapter give a lot of their time, hard work and energy to this organization, so you guys could at least give an hour once a month to support them at the general meeting. I know meetings are usually boring but you usually sit longer in a doctor's or dentist's office. Seriously we need your support and input. We don't know what or how to plan events unless you get involved. We want to do things that you are interested in and will support.

Did you get to ride on our Freedom Ride? If not you missed a really good ride and great day. We rode about 150 miles round trip to a Revolutionary War Battlefield in SC. This was something different for us as we wanted to ride to one location with a stop for gas and lunch going down and a stop for gas coming back. We had a lot of compliments on the ride and as this was very positive, we are going to plan another one in the fall to the beautiful mountains of NC. One thing that we experienced that we need to correct. We had road guards helping us through the intersections. As you know these road guards are aware they could be ticketed for this but they are so concerned that we get through these intersections safely, they take that risk. When the road guards come back up through the riders, please move to the right hand side to let them get back up to the front so they will be ready for the next intersection. If you have never ridden in a group with road guards, just pay attention to what the more experienced riders do and everything will work out great. If you see a rider raise his/her hand with 1 finger pointed up—that means move to the right now—not later. We are looking out for your safety and also the safety of our road guards.

Our Easter Egg Hunt was a HUGE success and without much help from our members. What few members were there, did an awesome job. We had a big crowd of kids and their parents who played games, karaoke, and hunted nearly 800 eggs filled with toys, candy and money. I was disappointed that more of our members didn't help or attend with their kids and grandkids but we had a good day anyway. We want to make this something to build on for our biker family so we hope you will participate in our next family event. A good number of our members have been requesting that we do a family day every couple of months. With the success that we had, we are going to try just that, so if you are one of those members—we sincerely hope you will attend because it was your suggestion that got the ball rolling.

Sometimes (well most of the time) I don't think that our members or bikers in this area general realize just how important the CBA/ABATE of NC really is or if they realize all the things this organization has done for us in the past and doing for us now. I, for one, do not like people that have never ridden a bike telling us what we should or should not be doing or what laws should or should not be made for our benefit. We ride for our own pleasure. We know the risk and we know what works for us. It's that freedom that calls us to ride and we don't want to be bombarded with laws / rules that restricts our freedom.

As I am sitting here putting the final touches on this column, all hell seems to have broken loose. One of our CBA brothers has lost a son and for that we send thoughts and prayers to Willie "Snowball" Grier on Brandon's death. Another CBA brother and one of our special Southern Gentlemen Galvin "Junior" Bolen wrecked and is (at this time) on life support at CMC Main Charlotte. We pray for his healing.

On a personal note, Peewee's recent hospitalization has been a very trying time for us but you, my friends, have made that ordeal bearable because of the outpouring of love we have received from each of you. Your thoughts and prayers have been constant. We are so blessed to have you as our friends and family. The biker family is the best in the entire world. We deeply care about each other. Yes we fuss and fight but isn't that what family does? Love and peace to you. - Jill

VICE-PRESIDENT'S CORNER -

Most parts of the country are already feeling some heat in the 2017 riding season—lucky them! But even as we talk about the best strategies and types of gear for riding in hot weather, while staying relatively protected from the hazards of the road, it's also important to keep in mind other, more subtle hazards to your health. Make no mistake, no matter how tough you are, no matter how experienced a rider, no matter how good your physical condition is, if you don't respect the heat, it will knock you on your ass. We're not Doctors, but here are some tips we use for surviving a motorcycle tour through the summer heat:

Watch very carefully for signs of Heat Exhaustion and Heat Stroke. Your body will send you signals that it's having trouble with the heat, which can include cramps, nausea, headaches, extreme fatigue, flushed or pale skin, dizziness, and heavy sweating. Left unchecked, you can develop Heat Exhaustion, which is a form of mild shock. If you're feeling

these symptoms, it's time to pull over, rehydrate, rest and recover for as long as it takes. Don't be in a rush to get back on the bike – sometimes a rider doesn't want to inconvenience their friends by holding things up. How long do you think a trip to the hospital will hold up the ride?

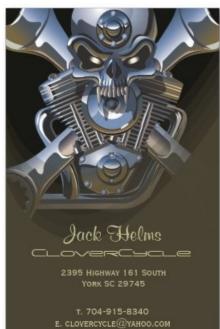
Bring more water than you think you'll need. Water is vital for keeping the body cool, but it also is necessary for digestion, for flushing toxins out of your body, and for lubricating your joints. It also cushions your organs and tissues, so when you get dehydrated, your body just won't work properly, things will start to shut down, and you'll physically crash.

Include stops on your route where you can cool off. One of the best ways to rejuvenate yourself is by getting out of the heat, into a cooler environment. You meet interesting people in rural convenience stores, and many have large ice freezers outside. We place our helmets in the freezers while we go inside for a cool drink. A quick stop can enable you to ride another 45 minutes even in the worst heat, so plan your ride along roads that have services and conveniences no more than 1/2 hour apart.

Dress properly and keep your skin covered. Seems like simple, advice, but it's amazing how many people don't follow it. Any areas of skin that are exposed will be much harder to cool, as the sweat will evaporate from the air rushing over it at speed. This means you'll dehydrate faster. Remember ride for the slide not the ride.

Please enjoy the upcoming summer, Be safe Angela Helms, VP of Gaston CBA

ANUERSARY



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Gaston County CBA / Meeting Minutes / April 11, 2017

Meeting was held at the Gaston County Homestead with the Meeting being called to order by Jill Stillwell. Pete McGinnis led us with the opening prayer followed by Jill leading the Pledge of Allegiance.

<u>President (Jill Stillwell)</u> – Thank you Jill for the food tonight.

Legislation - We currently have several bills that are making their way through various committees at the state level. The "Helmet Bill" is slowly working its way through the process in Raleigh. Please watch for updates and contact your state representatives and senators in support of "helmet choice" and the other legislative items (equal access to public parking facilities, anti-profiling and making the no texting law into "No distracted driving"). Also please continue contacting your Senators and House of Representatives Reps regarding the use of "chip seal" on the Blue Ridge Parkway and that you do not support this type of material being used for resurfacing the roads on the Parkway.

CBA, Homestead and Other Area Events -

April 15 – Easter Egg Hunt and dinner at the Homestead 4-7 pm with free hot dogs (need volunteers)

April 15 – Knights Party

April 22 – Jessie's Ride

April 22 – CT ride to the beach for lunch

April 28 – Prevent Child Abuse Gaston Candle Light Vigil @ Price's Arena in Dallas

April 29 – GOC CAPA Ride

April 29, 30 – CBA State Meeting in Greensboro

April 29 – Sanders Wedding at the Homestead

May 2 - Homestead Committee, CBA Events Committee, CBA Officer's Meeting @ Homestead 6:30pm

May 6 – SG 48th Anniversary Party

May 6 – DJ Heather Party @ Homestead

May 6 – Place of Refuge benefit

May 7 – CBA Open House @ Homestead 1 pm (30 new memberships will be given away)

May 27 – Dixie Drifters Run – Proceeds will go to the Gaston County Toy Run

May 28 – CBA General Meeting @ Homestead 7 pm (lunch 1:30 pm—\$5 person) NOTE: NEW DATE & TIME

<u>Bike Nights:</u> Cycle Gear 2nd Thursday of each month, Winner's Circle every other Wednesday starting April 12th, Route 55 Thursdays (may change to Fridays), Skooterz Tavern & Grill in Shelby (Tuesdays), Rudi's Bar starting May 4th

<u>Homestead (Donna/Angela)</u> - The homestead is open on Friday and Saturday's at 7:00 pm. Please contact Jill Stillwell, Donna Barnett or Angela Helms if you would like to volunteer at the Homestead or use the building. The building is available for anyone to use including renting it for parties, weddings, etc.

Thank you to everyone who purchased raffle tickets for the I Phone 6S Plus. The winner will be announced once we get his permission.

Please use common courtesy when tagging photos with the CBA and the Homestead. Please return borrowed koozies to the homestead or drop some off if you have extras that can be donated. Thanks.

It was discussed whether or not to start charging a cover charge when a band plays at the homestead to help pay for the band. Input from the members would be greatly appreciated on this topic. Most places do this and if we want to have a band—we also need to do this. Please let us know your thoughts on this.

<u>Newsletter</u> – Anyone can submit articles of motorcycle interest for the newsletter. Just remember to site your source and include a link if possible. Items for the newsletter are due to Jill Stillwell by the **20**th each month (<u>jillstillwell@bellsouth.net</u>). <u>Vice President (Angela)</u> –

<u>Secretary (Donna Barnett)</u> – We have approximately 308 members (268 renewals, 40 Life, and 21 juniors). Renewals and new memberships from Creekside were not available prior to the general meeting. Please sign in each time you come to the home-stead. Please remember to contact Donna if you have changes to your contact information (address, phone, or email) (deb2334@yahoo.com) or if you need a new membership packet. You can save the chapter up to \$25/year by receiving the news-letter online. Renewals are included in the weekly emails, the monthly newsletter and are posted at the homestead. Member-ships: single - \$20, couple - \$30. Motion made and approved to accept the March minutes as posted in the April newsletter. **Treasurer (Pete McGinnis)** – Pete read the treasurer's report. Motion made and approved to accept the reports. Please contact Pete if you have any questions about the reports or would like to see them.

Master Sergeant at Arms (Jason Beck) -

Western District Coordinator/Sponsors (Gabby) -

MSAP – Please contact Jeff Reif if you are interested in becoming the MSAP coordinator for Gaston County or an instructor. **Products** – Shirts are \$15 each or 2 for \$25 (There are both men's and women's shirts). Please see an officer if you are interested in helping with products. "Watch for Motorcycles" Gaston County CBA decals are also available for \$1.00 each. **Old Business** –

<u>New Business</u> – It was discussed to move the general meetings to Sunday afternoons. A motion was made and passed to move the general meetings to the 4th Sunday at 2 pm starting in May.

Motion made and passed to adjourn meeting and closing prayer.

Respectfully submitted,

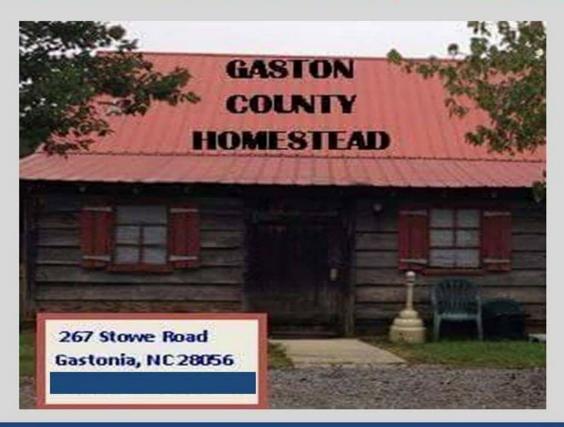
Donna Barnett, Secretary



GASTON COUNTY CONCERNED BIKERS ASSOCIATION OPEN HOUSE May 7th: 1-5 PM

We invite the community to come and enjoy the company of area bikers plus learn what the CBA/ABTATE of NC is all about. We are giving away 30 new memberships courtesy of our member Jim "Griz" Tench. Besides what the CBA does to fight for bikers, we are also active in civic and community issues plus we give members \$3,500 of accidental insurance FREE. We hope to see you at our open house!

Visit us on Facebook or on our website: www.gastoncountycba.com



Gaston CBA Easter Egg Hunt



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> Agency Hours: Please call to schedule an appointment. Must be a resident of Stanley or Alexis.

John

Did you make a pledge for the Homestead? Are you keeping that pledge? We have a number of people who made a pledge to help keep the Homestead afloat but have never sent any money. Are you one of those? Please honor your pledge. You can make your payment online by going on the Gaston County CBA website <u>www.gastoncountycba.com</u> and click on the "DONATE" tab or you can send a check to Pete McGinnis, PO Box 22, Lowell NC 28098. Make the check out to Jill Stillwell. You can also donate when you come to the Homestead. We need your support. Every month when the rent and utilities are due, we contemplate shutting the doors. We really don't want to shut the doors, but if the bikers in this area don't start supporting the Homestead, that's what is going to happen and very soon. We hate to be so blunt but it is what it is. If we have to close the doors, everybody is going to ask "what happened?" And we are going to reply "it's sad but well you didn't support it and that's what happens when you do not support something that benefits the area bikers."



GASTON CBA SPONSORS

Do you know of an area business or individual that would like to be a Gaston CBA Sponsor? If so, please contact our Sponsor Chairperson Gabby Mintz @ 704 866-4068 or email her at: ncharleygurl@yahoo.com. We publish our newsletter using the funds that our sponsors contribute to be part of our CBA family.

We have cards available at the Homestead that you can leave at any sponsor to let them know you are a CBA member and that you support their business. If you don't have a card, please let them know you are a CBA member and value their support.

GASTON CBA & AREA EVENTS

May 2—6:30: Homestead Committee; 7:00: Events Committee; 7:30: Officers Meeting

May 6 – SG Anniversary Party at the Spencer Mountain Country Club. All invited.

May 7 – Sunday – Open House will be held from 1 pm to 3 pm. 30 free new memberships will be randomly given away that day. Griz Tench is donating the money to cover the costs of these 30 free memberships.

May 6 – DJ Heather Party @ Homestead. Everybody invited.

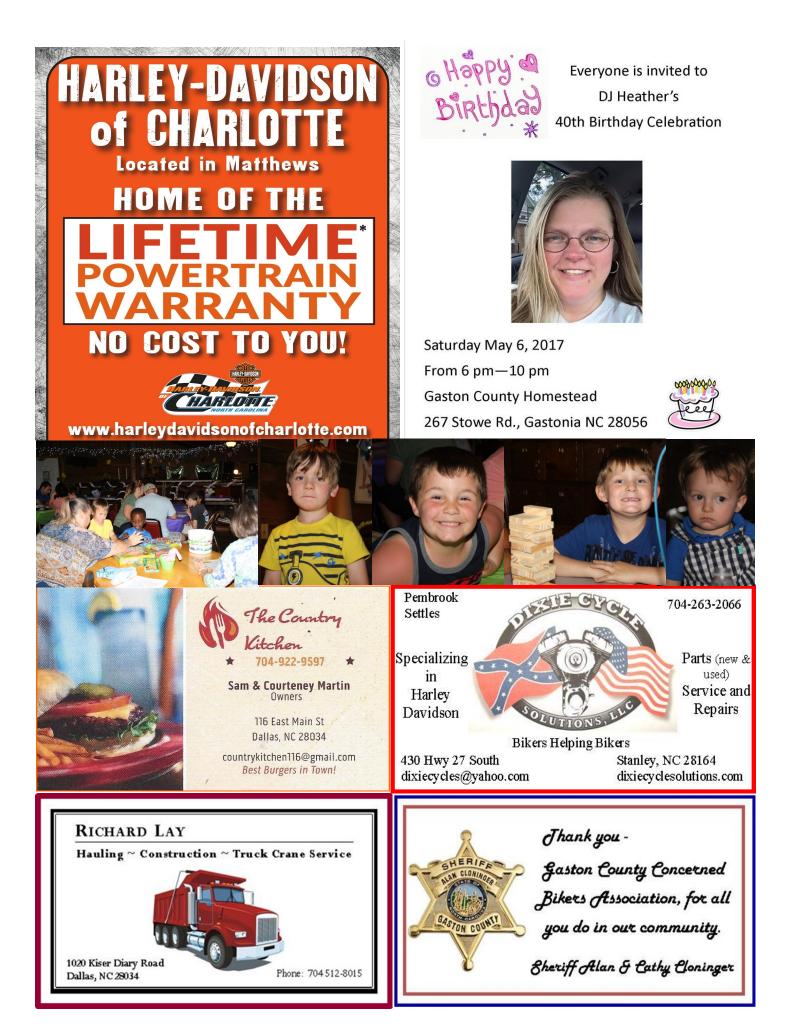
May 6 – Place of Refuge benefit

May 27 – Dixie Drifters Run – Proceeds will go to the Gaston County Toy Run

May 28 @ 2PM: CBA General Meeting @ Homestead—Food will be ready @ 1:30 (Cost \$5)

Do you read our newsletter? Let us know what kind of articles you would like to see. Also let us how can we improve our newsletter. We try to include all the events of other organizations, but sometimes space prevents this in the printed version, so we encourage you to also view it online.





Buncombe County CBA/ABATE Presents 21st Annual



BIKE SHOW ~ LIVE MUSIC ~ VENDORS ~ CAMES (IfflageSaturday)

SUNDAY SUBVICES ~ BUMAB AMBASSADOB AWAYRI

Rally Pass \$30 for ABATE* members-individual membership card required \$40 for non-members (includes 1 year membership to CBA/ABATE of NC, on-site registration required) \$20 Saturday only pass for ABATE members*

\$30 Saturday only pass for non-members (includes 1 year membership to CBA/ABATE of NC, on-site registration required) Rally pass includes motorcycle/tent camping \$20 fee for support vehicle (anything other than a motorcycle)



*You must be a current member (with membership card) of a recognized State Motorcycle Rights organization (see Hot Springs website for full list and more information).



FOR MORE INFORMATION www.hotspringsrallync.com EVENT INFORMATION James Buckner (828) 230-6124 shadowriderjeb@yahoo.com VENDOR INFORMATION Ken Adams (828) 450-5235 wisquers2000@yahoo.com **No Pets No Car or Truck Cruising No Weapons No Colf Carls No ATVs or Dirt Bikes**



RENEWALS FEBRUARY-APRIL 2017

February 2017

Guy & Carla Zeuner Lewis & Kathy Cox **Richard Cleveland** Dwvnn Greene Sandy Goldsborough Gerald & Darlene Helms **Robbie Kirkland** Jessica Lewallen Michael & Amanda Pleasant **Randy Randolph Teresa Randolph**

March 2017

Alan & Cathy Cloninger **Danny Surgeon** Aaron & Lindsey Dudley Larry & Angela Freeman **Brad & Wendy Helms Christopher Hopkins Ron Huggins**

Terri "Crash" Riding Mack Sutton Bev Peavy **Oliver Crawford** Jerome & Andrea Kale Kevin Novinc Don Grant John Teague Meredith Thornburg Ronnie Worley Lori Tolbert

APRIL 2017

- Jeffrey & Patricia Henderson Amanda Mason **CP & Debbie Small** Phillip & Stacy Middleton Andrew Johnson Frank & Jessica Hardesty Marvin & Mary Smith
- Austin Moore James Yates Seth Moose Greg Long Mike Osborne Scott Noblett

MAY 2017

Gary Morgan Jeff McCall Lisa Stivala C Scott Stacy Jr **Tonya Lee Stacy**

PLEASE CHECK THE RENEWAL LIST FOR YOUR NAME!

Membership can be renewed by PayPal using our website: www.gastoncountycba.com or by mailing it to Gaston County CBA, PO Box 22, Lowell NC 28098, at any event where the CBA is set up or in person at the Gaston County Homestead.



1799 Hwy 55 West, Clover, SC 29710



Gaston CBA Treasurer's Report <u>March 2017</u>

Beginning Balance : \$329.89

Income:

- \$ 150.00 Newsletter sponsor
- \$ 20.00 New & Renewals
- \$ 885.00 Polar Bear Run

Total Income: \$ 1,055.00

Expenses:

- \$ 8.00 Bank Fee
- \$ 507.94 Newsletter (2 months)
- \$ 50.00 Internet
- \$ 268.09 Trash
- \$ 19.18 Freedom Run Expense
- \$ 4.29 Facebook Boost

Total Expenses: \$857.50

Ending Balance (3/31/2017) - <u>\$ 527.39</u>

Respectfully submitted by: Pete McGinnis, Treasurer for CBA & Homestead—If you have any questions at all about the CBA or Homestead report, please contact Pete at the information listed below.

Homestead Treasurer's Report <u>March 2017</u>

Beginning Balance:

(\$1,199.69)

- Income: \$1,337.00 Concession stand donations \$ 22.50 Departience / Pledage
- \$ 22.59 Donations / Pledges

Total Income: \$1,359.59

Expenses:

- \$ 229.00 Power Bill
- \$ 660.00 Rent
- \$ 200.00 Entertainment
- \$ 175.59 Concession Stand Supplies

Total Expenses: \$ 1,264.59

Ending Balance – 3/31/2017 (1,104.69)

If you have any questions concerning the Homestead Account, please contact Pete McGinnis. We need your help to get us out of this hole. This is YOUR Homestead. A place where all bikers are welcome. 1st Month in a long time we've taken in more than we spent. Keep it up!

SUPPORT YOUR HOMESTEAD!

2017 GASTON CBA OFFICERS

If you have any questions, suggestions or complaints concerning YOUR Chapter, please contact your officers.



PRESIDENT & NEWSLETTER EDITOR: Jill Stillwell 704 922-5437 / 704 913-7281 jillstillwell@bellsouth.net



VICE PRESIDENT: Angela Helms 980 429-3948 bcecarrigan@gmail.com



TREASURER: Pete McGinnis 704 616-7152 mcginnis.pete@gmail.com



MASTER SERGENT AT ARMS: Jason Beck 704 472-8674 jamjbeck@yahoo.com



SECRETARY: Donna Barnett 704 287-4309 deb2334@yahoo.com



SERGEANT AT ARMS James Jordan

All of our officers are involved in the Legislative part of our Chapter but we really need a Chairperson. Are you interested? If so. Please contact Jill.